



ACTIVE ADULTS
PROGRAM

LEARN GROW PLAY

What Is A Community Based Day Program?

If you're looking to explore and make connections within your community this program is for you. Our Community Based Day Program gives participants an opportunity to be part of the community through employment, volunteering, attending college classes, and taking part in recreational activities. You'll build and diversify your resume with volunteer and group

activities while learning new skills and exploring different interests in your community.

Our day program is 100% community based which means we are not in a facility. You'll find us engaging in community activities Monday through Friday. Our day program provides clients with real life experiences within a group setting.



AAP Community Based Day Program is unique because we offer private pick up and drop off transportation through our agency. In addition, we provide transportation to-and-from community sites through private AAP transportation provided by our Job Coaches and Management Team. Our door to door service and transportation gives families and caregivers a sense of peace knowing their loved one is being picked up at home and under the care of their Job Coach all day.

What Can I Expect...



Employment

Pursue employment opportunities and get on the job support. We'll help you build a resume, apply for jobs, practice interviewing and engage with potential employers.

Get out in your local and greater community 5 days a week from 8AM - 2PM. Cultivate community and gain a sense of belonging within your community.

Explore ideas, places and new things. Try new things. Learn what you like, and the people who like the things you do. Exploring is the place where growth takes place.

Pursue your career goals and enhance your education, learn a new trade or simply



Education



Exploration



Recreation



Relationships



Community

sharpen your skills in a day program. We will help you enroll in classes and work with your Instructor(s) to make sure you're thriving.

Social connections are important to your overall health and wellness. Social connections lower rates of anxiety and improve overall mental health. You'll work in a group setting and make organic connections out in the community.

Recreation is essential in our program. We're always finding fun and exciting things to do in the community that fosters growth, builds community connections and enhances social interactions.

SCHEDULE

PICK UP: 7 AM-8 AM

8am-9am
Ymca exercise class

9:30am-11am
Walmart, worksite

11:30am-12:15
Lunch

12:30-1:40
Cooking workshop

8am-8:45am
Starbucks
(Purchase, communication practice)

9am-11am
Sr. Center
(Serve lunch, set up/tear down)

11:30am-12:15
Lunch
(For purchases: rubios or chick-fil-a)

12:30-1:40
Library
(Computers, reading, writing)

DROP OFF: 1:40 PM -2:40 PM

Belonging to a community is vital to every human. Our goal in our Community Based Day Program is to identify inclusive settings and connect our clients with the activities they enjoy.

- Once we identify a suitable group based on geographic location we'll match you with your Job Coach team. Clients will have a Job Coach Team and group assigned to them weekly with different activities.
- Your Job Coach Team will work with your group to find various activities within your local community that are meaningful to them.
- Your Job Coach Team will create a schedule of activities that is tailored to your preferences and life goals
- The Job Coach Team will work hard to make sure your group is volunteering, learning new skills, making friends, becoming more independent and learning about the fun and exciting things that are happening in the community.

How to join our program...



Service Providers & Social Workers

01

Email us and Request a New Referral Services with Active Adults Program



24

We will reach out to you within 24 - 48 hours to review collateral and begin the intake process with the family

02

03

We will confirm service start date



Future Clients and Families:

01

Contact AAP and schedule your virtual and in person Meet & Greet. During this time, we'll learn about your goals and share the many options you'll have with our program.



02

You'll select a program and contact your Social Worker to let them know you'd like to receive services from Active Adults Program HQ2044.

02

03

AAP will follow up with the Social Worker to get Authorization and we'll begin meeting your personalized program needs.

